

**Directory of Support Services for Grandparents Caring for Grandchildren – NSW**

PEAK BODIES AND SUPPORT SERVICES	PHONE	WEBSITE	SUPPORT OFFERED
Council on the Ageing (COTA)	(02) 9286 3860	<a href="http://www.cotansw.com">www.cotansw.com</a>	Peak body for over 50s
Grandparents Raising Grandchildren NSW	(02) 9286 3860 1800 449 102	<a href="http://www.raisinggrandchildren.com.au">www.raisinggrandchildren.com.au</a>	Support and advocacy
Seniors Information Service	13 12 44	<a href="http://www.seniorsinfo.nsw.gov.au">www.seniorsinfo.nsw.gov.au</a>	Telephone information service
The Foster Carers Association (NSW) Inc	(02) 9836 4475 1800 783 663	<a href="http://www.fcansw.org.au">www.fcansw.org.au</a>	Support and resources for carers 24 hrs support line
Aboriginal Child, Family and Community Care State Secretariat (NSW) AbSec	(02) 9264 0088 1800 888 698	<a href="http://www.absec.org.au">www.absec.org.au</a>	Foster care group supports Indigenous kinship carers, 'Grannies' groups
Grandparents and Grandchildren Society Australia Incorporated (GAGS)	(02) 6652 5545	<a href="http://www.aboutseniors.com.au">www.aboutseniors.com.au</a>	24hrs 7days phone service for social, emotional and physical support
Lifeline	13 11 14	<a href="http://www.lifeline.org.au">www.lifeline.org.au</a>	24 hrs telephone counselling service
Family Relationships Australia	1300 364 277	<a href="http://www.relationships.com.au">www.relationships.com.au</a>	24 hrs telephone counselling service
Salvo Care Line	1300 363 622	<a href="http://www.salvos.org.au">www.salvos.org.au</a>	24 hrs telephone counselling service
NSW Family Services	(02) 9692 9999	<a href="http://www.nswfamilyservices.asn.au">www.nswfamilyservices.asn.au</a>	Find local services
Local Community Service Association (LCSA)	(02) 9660 2044 1800 646 545	<a href="http://www.lcsa.org.au">www.lcsa.org.au</a>	Find local neighbourhood or community centre
NSW Multicultural Health Communication Service	(02) 9816 0347	<a href="http://www.accessibility.com.au">www.accessibility.com.au</a>	Health information in most languages
Family Drug Support	1300 368 186	<a href="http://www.fds.org.au">www.fds.org.au</a>	24hrs 7 days telephone support
Alcohol and Drug Information Service (ADIS)	(02) 9361 8000 1800 422 599	<a href="http://www.druginfo.nsw.gov.au">www.druginfo.nsw.gov.au</a>	24hrs 7 days help line
Child Abuse Prevention Service (C.A.P.S)	(02) 9716 8000 1800 688 009	<a href="http://www.childabuseprevention.com.au">www.childabuseprevention.com.au</a>	24hrs 7 days help line
Domestic Violence Line	1800 656 463	<a href="http://www.community.nsw.gov.au">www.community.nsw.gov.au</a>	24hrs 7 days help line
Victims Support Line	(02) 9374 3000 1800 633 063	<a href="http://www.police.nsw.gov.au">www.police.nsw.gov.au</a>	24 hrs telephone counselling for victims of crime
Parent Line	13 20 55	<a href="http://www.centacare.org">www.centacare.org</a>	Advice on problems with children
Kids Help Line	1800 551 800	<a href="http://www.kidshelp.com.au">www.kidshelp.com.au</a>	Support for children 24 hrs 7 days
Youth Line	(02) 9633 3666	<a href="http://www.childabuseprevention.com.au">www.childabuseprevention.com.au</a>	Support for youth 24 hrs 7 days
Mensline Australia	1300 789 978	<a href="http://www.menslineaus.org.au">www.menslineaus.org.au</a>	24hrs 7 days help line

\*There are many support groups in NSW for grandparents raising grandchildren and some of these are in a separate list on the next page.



SHINE for Kids

# INFORMATION SHEET

SHINE for Kids Co-operative Limited | July 2009  
 phone (02) 9714 3000 fax (02) 9714 3030 email [inquiries@shineforkids.org.au](mailto:inquiries@shineforkids.org.au)  
[www.shineforkids.org.au](http://www.shineforkids.org.au)

SERVICE	PHONE	WEB	SUPPORT OFFERED
<b>Childcare and Respite</b>			
Child Care Access Hotline	1800 607 305	<a href="http://www.raisinggrandchildren.com.au">www.raisinggrandchildren.com.au</a>	Find a childcare centre
Playgroup NSW	(02) 9604 5513 1800 171882	<a href="http://www.playgroupaustralia.com.au">www.playgroupaustralia.com.au</a>	Find a playgroup
Camps for Kids	13 13 02	<a href="http://www.dsr.gov.au">www.dsr.gov.au</a>	School holiday camps
Carers NSW	(02) 9280 4744	<a href="http://www.youngcarersnsw.asn.au">www.youngcarersnsw.asn.au</a>	Children with severe disabilities
Commonwealth Carer Respite Service	1800 059 059	<a href="http://www.health.gov.au">www.health.gov.au</a>	Children with severe disabilities
<b>Education</b>			
Department of Education and Training	13 15 36	<a href="http://www.det.nsw.edu">www.det.nsw.edu</a>	Find local school or support classes for children with disabilities / learning difficulties
Translating and Interpreting Service (TIS)	13 14 50	<a href="http://www.immi.gov.au">www.immi.gov.au</a>	Interepreter services for school meetings
Mirabel Foundation	(03) 9527 9422	<a href="http://www.mirabelfoundation.com">www.mirabelfoundation.com</a>	School need assistance for children with parents affected by drugs
<b>Grandparent/Carer Support Groups</b>			
Disability and Aged Information Service Inc. (DAISI)	(02) 6622 8002	<a href="http://www.daisi.asn.au">www.daisi.asn.au</a>	Grafton – Tweed Heads support groups and camps
Springwood Neighbourhood Centre	(02) 4751 3033	<a href="http://www.sncc.org.au">www.sncc.org.au</a>	Penrith, Richmond and Blue Mountains
The Samaritans (Central Coast and Hunter)	(02) 4960 7100	<a href="http://www.samaritans.org.au">www.samaritans.org.au</a>	Central Coast and Hunter
Gosford Family Services	(02) 4340 1585		Central Coast and Gosford
Horizon Family Services	(02) 4333 5111	<a href="http://www.nscchealth.nsw.gov.au">www.nscchealth.nsw.gov.au</a>	Information Central Coast and Wyong
Mission Australia Nowra	(02) 4422 0455	<a href="http://www.missionaustralia.com.au">www.missionaustralia.com.au</a>	Custodial Grandparents Program – Nowra
Greater Western Area Health Service – Carer Support Officer	(02) 6363 8030	<a href="http://www.gwahs.nsw.gov.au">www.gwahs.nsw.gov.au</a>	Greater West – Bathurst to Broken Hill
Orange Community Health	(02) 6393 3300		Orange



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The following organisations will help find a support group in certain areas.

GRANDPARENT SUPPORT GROUP	LOCATION	PHONE
<b>Sydney Metropolitan Area</b>		
Bankstown Grandparent Support Group	Bankstown	(02) 8713 7700
Supported Playgroups (including Aboriginal groups)	Fairfield, Liverpool	(02) 9794 1872
Grandparent Support Group	Chatswood	(02) 9777 7975
Grandparent Support Group	Chester Hill	(02) 9645 3700
Grandparent Support Group	Dee Why	(02) 9931 7777
Grandparent Carers Support Group	Eastwood	(02) 9334 0133
Grandparents and Carers Group	Liverpool	(02) 9602 8044
Grandparent Support Group	Maroubra	(02) 9130 7336
Grans	Brookvale	0418 622 120
Aboriginal Grandparents Support Group	La Perouse	(02) 9382 1412 or 0421 054 318
Relative Carers Group	Randwick	(02) 9382 1412
Relative Carers Group	Redfern	(02) 9698 9019 or 0421 054 318
Grandparent Support Group	Sutherland	(02) 9521 8280
Total Tots Playgroup	Abbotsbury	(02) 9610 2977
Botany Family & Children's Centre Playgroup	Botany	(02) 9666 504
Second Time Around	Whalan	(02) 9832 0543
<b>Nepean</b>		
Western Sydney Grandcarers	Penrith	(02) 4721 4410 (AH)
Kinship Care Group	Springwood	(02) 4751 3033
Springwood Kinship Care Support Group	Springwood	(02) 4751 3033
Penrith Kinship Care Support Group	Penrith	(02) 4751 3033
North St Marys Kinship Support Care Group	North St Marys	(02) 4751 3033
Hawkesbury Kinship Care Support Group	Hawkesbury	(02) 4751 3033
Katoomba Kinship Care Support Group	Katoomba	(02) 4751 3033
<b>Central Coast Region</b>		
Bateau Bay Grandparents Group	Bateau Bay	(02) 4334 3390
Lakehaven Grandparents Group	Lakehaven	(02) 43518076
Grandparents Parenting	Woy Woy	(02) 4342 9995
Wyong Grandparents Support Group	Gosford	(02) 4340 1585
San Remo/Blue Haven Grandparents Support Group	San Remo	(02) 4393 1333
Wadalba Indigenous Grandparents Group	Wyong	(02) 4393 1333
Fennell Bay	Toronto	(02) 4393 1333



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GRANDPARENT SUPPORT GROUP	LOCATION	PHONE
<b>Hunter Region</b>		
Grandparents as Parents	Cessnock	(02) 4393 1333
Grandparents as Parents	Raymond Terrace	(02) 4393 1333
Grandparents as Parents	Lambton	(02)4393 1333
<b>North Coast Region</b>		
Grandparent Support Group	Woodenbong	(02) 6635 1373
Off Our Rockers	Lismore	(02) 6635 1373
<b>Mid North Coast Region</b>		
Grandparents Advocacy and Support	Port Macquarie	(02) 6584 1241
Grandparents Advocacy and Support	Coffs Harbour	(02) 6658 4655
<b>New England Region</b>		
Grandies Grandparent Support Group	Tamworth	(02) 6766 4480
Parenting Groups	Tamworth	(02) 6766 4596
Southern Riverina Carers Support Group	Southern Riverina	(02) 5883 3747
<b>Southern Highlands Region</b>		
Grandparent Support Group	Goulburn	(02) 4822 9221
Grandparent Support Group	Moss Vale	(02) 4869 4680 (AH)
Grandparent Support Group	Bowral	(02) 4883 4375
<b>Illawarra Region</b>		
Custodial Grandparents Program	Nowra	(02) 4422 0455
Grandparents as Carers	Warilla	(02) 4297 6138
Salvation Army Grandparent Support Group	Wollongong	(02) 4229 1079
<b>Far West Region</b>		
Grandparent Support Group	Broken Hill	(08) 8087 1888
Educational Parenting Groups (grandparents welcome)	Dubbo	(02) 6885 0277